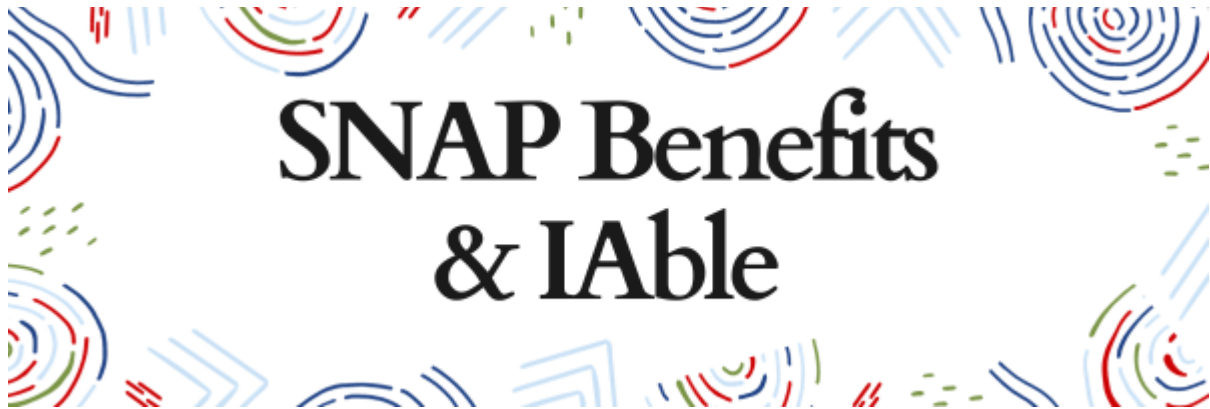


## SNAP Benefits & IAble



### **What you need to know.**

The Supplemental Nutrition Assistance Program (SNAP) provides support for eligible families to purchase nutritious foods. Earlier this year, many changes were made to SNAP, including the income limits for eligibility in Iowa.

While this has changed, one thing has remained the same – assets in an IAble account are disregarded from eligibility for federal assistance programs, including SNAP. This means [eligible individuals with disabilities](#) can receive the support they need to access healthy foods, without limiting their ability to save with an IAble account. Win-win!

[SNAP & IAble Fact Sheet](#)